

KATALYST

A KATALYST FOR CHANGE AMONGST THE YOUTH OF THE NEAR EAST

“Bulldog”

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Number of Players: 10+ (the more the better!)

Location: Better outdoors, but can be inside with large space.

Equipment: None needed. Just need to mark two sides.

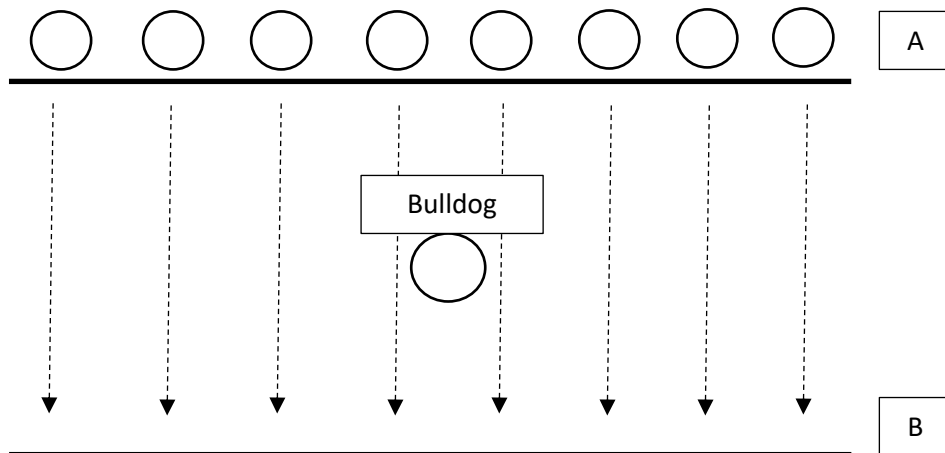
Age: Appropriate for all ages.

Goal: Be the last person running and to have fun!

Instructions:

- Choose the “bulldog”.
- The Bulldog stands in the middle of the space between the two sides.
- Line-up the rest of the players on one of the sides (A).
- The person in the middle shouts “BULLDOG!” and everybody runs to the other side.
- When they are running, the Bulldog has to catch (or tag) as many as possible before they reach the other side (B).
- Every person who was caught has to become a “bulldog” with the original person.
- Keep playing until there is one person running for everyone to chase.

Diagram:



Game 2:

Name: Splat (or “Bang”)

Number of players: 5+ but more is better.

Location: Indoor or outdoor

Equipment: none

Ages: All Ages (preferably can say “splat”).

Goal: Be the last person to “splat” and have fun!

Instructions:

- Group stands in a circle.
- Choose one person to stand in the middle of circle.
- Person in the middle chooses to “splat” someone by pointing at them.
- The person they “splat” has to quickly duck down.
- If they fail to quickly duck, they are out.
- Once they duck down, the people on either side have to “splat” each other.
- The first one to “splat” the other wins. The other is out.
- Once it is down to 2 people, they have to stand back-to-back.
- The “splatter” chooses a key-word and tells them what it is (e.g. bananas!).
- He repeats random words, while the pair take one step on each word.
- Eventually, he says “bananas!” (or key-word of their choice).
- Then the pair have to splat the other person first to win the game.

