

KATALYST

A KATALYST FOR CHANGE AMONGST THE YOUTH OF THE NEAR EAST

“Bulldog”

WWW.KATALYSTNE.NET



Number of Players: 10+ (the more the better!)

Location: Better outdoors, but can be inside with large space.

Equipment: None needed. Just need to mark two sides.

Age: Appropriate for all ages.

Goal: Be the last person running and to have fun!

Instructions:

- Choose the “bulldog”.
- The Bulldog stands in the middle of the space between the two sides.
- Line-up the rest of the players on one of the sides (A).
- The person in the middle shouts “BULLDOG!” and everybody runs to the other side.
- When they are running, the Bulldog has to catch (or tag) as many as possible before they reach the other side (B).
- Every person who was caught has to become a “bulldog” with the original person.
- Keep playing until there is one person running for everyone to chase.

Diagram:

